



Packages [USD]

Therapy Type	Duration	Season	Deluxe palace View		Deluxe Valley View	
			Single	Double	Single	Double
Ananda Wellness Bliss	3 nights	Uptil15thOctober06	1180	780	1300	840
	5 nights	Uptil15thOctober06	1835	1200	2025	1320
Ananda Ayurvedic Rejuvenation	7nights	Uptil15thOctober06	2980	2050	3270	2190
	14 nights	Uptil15thOctober06	5270	3640	5840	3920
Ananda Stress Management	5 nights	Uptil15thOctober06	1750	1070	1970	1180
Ananda Himalayan Romance	3 nights	Uptil15thOctober06	N/A	1340	N/A	1540
	5 nights	Uptil15thOctober06	N/A	2170	N/A	2360
Ananda Detox	7nights	Uptil15thOctober06	3020	2060	3340	2225
Ananda Weight Management	14 nights	Uptil15thOctober06	5480	3760	6050	4045
	21 nights	Uptil15thOctober06	7180	4890	7920	5260

STANDARD INCLUSIONS FOR ALL PACKAGES

- Two way transfer to local train station at Haridwar or Dehradun Jolly Grant airport (New Delhi transfer at extra cost).
- Accommodation in respective category of Room.
- Morning Wake Up signature tea
- Daily fresh fruit bowl
- 3 Ananda Rejuvenation Spa Cuisine meals (breakfast/ lunch/ dinner), per night of stay, per person
- Spa treatments as per the package programme.
- Introductory Spa and Fitness orientation sessions with an Initial Spa consultation
- Daily use of the Hydrotherapy facilities:

(Indoor and Outdoor Jacuzzi, Steam, Sauna, Chill Plunge Pool, Kneipp Hydrotherapy Foot Bath and Heated Lap Pool)

- Opportunity to participate in scheduled Spa Lifestyle and Wellness activities

(Yoga, Pranayama, Meditation, Fitness, Cooking demonstrations, Lectures and Workshops/ Excursions)

- Extra night on pro-rata basis inclusive of room and 3 meals only

